

**STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT**

State of VIRGINIA

**DEFINITION OF SPECIALIZED SERVICES**

---

The Department of Medical Assistance Services (DMAS) shall define specialized services for the purposes of preadmission screening and annual resident review as follows. The Department of Mental Health, Mental Retardation and Substance Abuse Services shall ensure the provision of services when they are provided by a non-Medicaid-enrolled provider or when the services are not covered by Medicaid.

- a. Partial hospitalization
- b. Transportation to Medicaid-covered services or specialized services necessary to treat conditions of mental illness or mental retardation
- c. Day health and rehabilitation
- d. Psychosocial rehabilitation
- e. Crisis intervention
- f. Customized durable medical equipment, for residents without a patient pay, that would allow the resident to participate in specialized services
- g. Behavior management interventions requiring ongoing consultation and monitoring by a licensed psychiatrist or psychologist
- h. One-to-one supervision necessary for behavior management
- i. Vision and hearing needs related to mental illness or mental retardation for persons over age 21
- j. Dental needs resulting from mental illness or mental retardation sequela for persons over age 21
- k. Habilitation
- l. Supported employment for persons with mental illness or mental retardation
- m. Case management services
- n. Individual psychotherapy
- o. Day treatment
- p. Individual and group counseling
- q. Inpatient psychiatric care

---

TN No. 93-15

Approval Date 07-26-93

Effective Date 06-01-93

Supersedes

TN No. N/A